

# Synchronization Protein-Energy Index of Various Forages for Dairy Livestock: an In Vitro Study

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**Abstract.** The present study inventoried the protein-energy synchronization (PES) index of various types of grass. The study was conducted using in vitro techniques with material 5 types of grass (elephant, king, dwarf elephant, guinea, and setaria) and rumen fluid of the Friesian Holstein (FH). The PES index is calculated based on the average degradation of g protein and Kg organic matter (OM) per hour at the time of observation of 2nd, 4th, 6th, 8th, 12th, 24th, 48th, and 72nd hours. The hourly degradation rates were analyzed by linear regression to obtain the average hourly degradation rate. The results were included in the PES index calculation formula and discussed descriptively. This study found that all five grass had almost uniform nutritional value. Regression analysis results show a different equation, but with a high coefficient of determination (> 90%) on all types of grass. The PES index obtained in elephant, king, dwarf elephant, guinea, and setaria grass are 0.72, 0.66, 0.69, 0.58, and 0.68. The study concluded that elephant grass has a PES index at a high level, while king, dwarf elephant, guinea, and setaria grass at medium level for compiling dairy rations.

**Keywords:** synchronization protein-energi index ,forages, dairy, in vitro

**Abstrak.** Tujuan penelitian adalah untuk menginventarisir indeks sinkronisasi protein-energi (SPE) berbagai jenis rumput. Penelitian dilaksanakan menggunakan teknik in vitro dengan materi 5 jenis rumput (gajah, raja, odot, benggala, dan setaria) dan cairan rumen Sapi Friesian Holstein (FH). Indeks SPE dihitung berdasarkan rata-rata degradasi g protein dan Kg bahan organik (BO) per jam pada waktu pengamatan jam ke 2, 4, 6, 8, 12, 24, 48, dan 72. Degradasi pada tiap jam dianalisis dengan regresi linier untuk mendapatkan rata-rata degradasi per jam. Hasilnya dimasukkan dalam rumus perhitungan indeks SPE dan dibahas secara deskriptif. Hasil penelitian menunjukkan bahwa kelima jenis rumput memiliki nilai nutrisi yang hampir seragam. Hasil analisis regresi menunjukkan persamaan yang berbeda, namun dengan koefisien determinasi yang tinggi (>90%) pada semua jenis rumput. Indeks sinkronisasi yang didapat pada rumput gajah, raja, odot, benggala, dan setaria secara berurutan yaitu 0.72, 0.66, 0.69, 0.58, dan 0.68. Penelitian mendapatkan kesimpulan bahwa rumput gajah memiliki indeks sinkronisasi protein-energi pada level high, sedangkan rumput raja, odot, benggala, dan setaria pada level medium untuk menyusun ransum ternak perah.

**Kata kunci:** indeks sinkronisasi protein-energi, rumput, ternak perah, in vitro

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## Introduction

Forage is one of the important feed ingredients in raising dairy cattle, taking up 60% of the total ration for livestock. Forages that are commonly used by dairy farmers are from the grass group, such as elephant grass (*Pennisetum purpureum*), king grass (*Pennisetum purpupoides*), and Dwarf elephant grass (*Pennisetum purpureum* cv. Mott.). The advantages of grass as forage for dairy fodder are the palatability, nutritional value and good digestibility, and considerable production capacity in each planting period. The use of grass for dairy rations has long been adopted

and maintained by farmers. However, many farmers are lack of knowledge on the principles of good ration preparation for livestock productivity.

The preparation of dairy rations should not only be directed at choosing the type and nutritional value of feed ingredients, but must also be based on improving the performance of rumen microorganisms. Optimizing the growth of rumen microorganisms is a strategic step in maximizing the utilization of feed for production (Syamsi *et al.*, 2019). The growth of rumen microorganisms is influenced by the availability of nutrients in the right amount,

composition and time. Nitrogen (N) compounds and energy are required in the largest quantities and must be available simultaneously (synchronously). Animal ration must produce a balanced kinetic degradation of organic matter (OM) and protein. The kinematic balance of degradation of the two nutrients will supply synchronous ammonia and energy for rumen microbial protein synthesis (MPS). Syamsi *et al.* (2017) explained that the simultaneous availability of ammonia and energy in the rumen can be achieved through the ration based on protein-energy synchronization (PES) index.

Ginting (2005) states that the PES index data for local feed ingredients has not been inventoried despite its important role in the preparation of dairy rations. Inventory of PES index of feed ingredients (including grass groups) can be done through a study of the degradability of protein and organic material through in vivo techniques, but this method is limited by the need for fistulas and high cost. Silva *et al.* (2013), Syamsi *et al.* (2017), and Waldi *et al.* (2017) states that the PES index of feed ingredients can be measured in vitro. This study aimed to inventory the PES index of various types of grass as a basic effort to develop the PES index-based ration in dairy farming.

## Materials and Methods

### Experimental Design

Experimental research was carried out at the Laboratory of Nutrition and Animal Feed Science, Faculty of Animal Science, Jenderal Soedirman University for 3 months. The study was divided into 2 stages, the first stage was a proximate analysis of several types of grass. The materials included elephant grass (*Pennisetum purpureum*), king grass (*Pennisetum purpureoides*), dwarf elephant grass (*Pennisetum purpureum* cv. Mott), guinea grass (*Panicum maximum*), and setaria grass (*Setaria sp. phacelata*), each with a defoliation of 40-45

days. The variables measured at this stage were dry matter (DM), organic matter (OM), ash, crude protein (CP), extract ether (EE), crude fiber (CF), nitrogen free extract (NFE), and total digestible nutrient (TDN).

The second step was measuring protein and OM in vitro degradation of each grass. The material was the rumen fluid of Friesian Holstein (FH) taken immediately after the cattle were slaughtered. The measured variables were protein degradation, OM degradation, and protein-energy synchronization (PES) index.

### Variable Analysis

#### Proximate Analysis of Grass

Proximate analysis was performed by the AOAC method (2005) to determine the nutrient content of each grass. The DM levels were obtained by curing 2 g of the sample at 105°C for 8 hours or until the sample weight was stable. To measure the OM levels, 2 g of the sample was planted at 600°C for 12 hours. The extract ether of feed ingredients was produced by extracting 2 g of sample in soxhlet with ether solvent. One gram of sample was washed in different chemical solutions, such as H<sub>2</sub>SO<sub>4</sub>, NaOH, acetone, and aquadest to obtain the crude fiber content. Furthermore, the protein content was measured by distilling 0.1 g of sample, then the distillation results were titrated with HCl solution. The NFE levels were determined by following formulation,  $NFE = 100\% - \text{content} (CP+EE+CF+\text{ash})$ . TDN levels were calculated based on (Hartadi *et al.*, 1990) with the formula,  $TDN = (70.60 + 0.259 CP + 1.01 EE) - (0.76 CF + 0.0991 NFE)$ . All grass were oven-dried at 60°C for 3 days.

#### Measuring Grass Protein-Energy Synchronization (PES) Index

The PES index was measured based on Silva *et al.* (2013) and Syamsi *et al.* (2017) through the measurement of protein and OM in vitro degradation of feed ingredients. In vitro digestion was performed using a 250 ml

Erlenmeyer filled with 4 g of grass sample, 32 ml of rumen fluid and 48 ml of McDougall's solution. The Erlenmeyer was submersed in a shaker water bath at 39°C, fed with CO<sub>2</sub> for 30 seconds, and covered with a ventilated rubber. The time intervals to measure the degradation of each grass follows Orskov and McDonald (1979) were 2nd, 4th, 6th, 8th, 12th, 24th, 48th, and 72nd hours. The degradation of protein and OM at each time was calculated based on the equation made by Tilley and Terry (1963) as follows:

$$OM \text{ Digestibility} = \frac{\text{Germinal OM} - (\text{OM residue} - \text{OM blanko})}{\text{Germinal OM}}$$

$$Protein \text{ Digestibility} = \frac{\text{Germinal protein} - (\text{Protein residue} - \text{Protein blanko})}{\text{Germinal Protein}}$$

Protein and OM degradation rates at each subsequent time interval were analyzed in regression to obtain the degradation rate of gram N and kilograms OM per hour then used to calculate the PES index of each grass. The calculation formula is as follows:

$$PES \text{ index} = \frac{20 - \sum_{1-24}^n \sqrt{\left(20 - \frac{N}{OM \text{ hourly}}\right)^2}}{20}$$

Note: n: observation time, N / OM hourly: rate of protein degradation compared to rate of degradation of organic matter every hour (Hermon *et al.*, 2008).

## Data analysis

The proximate analysis results were explained descriptively, and the results of measurements of protein and OM degradation were analyzed by regression. The results of protein and OM regression will be included in the PES index formula and the results will be discussed descriptively.

## Results and Discussion

Grass belongs to class 2 of food ingredients class code, namely fresh forage which includes pasture forage, range plants, and forages fed green. The characteristic of fresh forage is the high water content (Utomo, 2012). Similarly, this study (Table 1) found that the dry matter (DM) of all types of grass ranges between 13.22 and 22.99%, so grass is >75% water. Purbajanti *et al.* (2007) stated that the type of forage influenced DM production. Additionally, the king's grass had the highest levels of DM among other forages. Table 1 shows that the DM of setaria and dwarf elephant grass was comparably lower than others because these plants had short stems. Additionally, the proportion of leaves compared to the stems was higher than other forages.

The proximate analysis results in general to five types of forage (Table 1) did not show a striking difference (OM, Ash, CP, EE, CF, NFE, and TDN). Weiss *et al.* (2008) explained that the quality of nutrients in forages is influenced by many factors, such as season, fertilization, type,

Table 1. Proximate analysis of various types of grass

Type of Forages	DM (%)	OM (%)	Ash (%)	CP (%)	EE (%)	CF (%)	NFE (%)	TDN (%)
Elephant	19.29	85.02	14.98	11.05	5.55	28.51	39.91	53.45
King	22.99	88.82	11.18	12.43	4.26	23.57	48.56	55.40
Dwarf elephant	13.68	81.89	18.11	10.50	3.72	25.6	42.07	53.45
Guinea	18.14	87.48	12.52	11.73	2.11	29.44	39.63	49.47
Setaria	13.22	82.91	17.09	11.09	6.15	28.03	42.21	54.20

Note : DM: dry matter, OM: organic matter, CP: crude protein, EE: extract ether, CF: crude fiber, NFE: nitrogen free extract, TDN: total digestible nutrient; NFE formula = 100- (%CP + %EE + %CF + %NFE), TDN formula = (70,60 + 0,259 CP + 1,01 EE) - (0,76 CF + 0,0991 NFE) (Hartadi *et al.*, 1990).

and harvest period. The main characteristic of grass is its crude fiber, so the main purpose of giving forage to dairy cattle is as a source of fiber. Utomo (2012) stated that fiber sourced feed ingredients contained a minimum of 18% CF. Similarly, the present study reported a crude fiber of 23.57 - 29.44% of five types of forages. Weiss *et al.* (2008) further stated that forage has low levels of protein and fat. Protein levels are always below 20% and fat is always lower than 10%. Energy supply in plants is generally in the form of cellulose so minimal fat and protein are accommodated in plant parts.

Paulson *et al.* (2008) stated that the nutritional value of forage influenced milk production. The effects vary greatly, depending on the combination and the feed technology applied. Forage has a fairly good digestible value compared to legumes or agricultural waste. Some legumes and agricultural wastes have antinutrient substances which can reduce their performance in the ration. Table 1 shows that the OM content in each type of forage is quite high, which is above 80%. Syamsi *et al.* (2019) explained that information on potential forage can be developed based on organic matter and protein. Both levels and degradability values can provide information on the potential supply of ammonia and energy. The degradation of OM and protein for the five grass types were assessed and presented on Table 2.

The regression analysis of the degradation of g protein and Kg OM in the span of 2<sup>nd</sup>, 4<sup>th</sup>, 6<sup>th</sup>,

8<sup>th</sup>, 12<sup>th</sup>, 24<sup>th</sup>, 48<sup>th</sup>, and 72<sup>nd</sup> in each type of forage indicated a different equation. Silva *et al.* (2013) explained that the degradation of organic matter and protein until the peak collection would form an upward linear curve. However, the increase in the curve for each feed ingredient was different due to differences in nutritional content and degradation kinetic of organic matter and protein of each feed ingredient. It was because the levels and digestibility of OM and protein in each forage are different. It was confirmed by previous studies by Syamsi *et al.* (2017) and Syamsi *et al.* (2019) in that each feed ingredient had different nutritional and digestive value characteristics. Furthermore, Table 2 shows that the coefficient of determination of each equation is above 90%. This result was higher than Syamsi *et al.* (2019) on various types of forage materials. Additionally, Syamsi *et al.* (2017) confirmed that the degradation graph of feed ingredients has fluctuated from time to time, where the highest increase in degradation occurred at 20-30 hours, longer than that of the concentrate group (4 hours).

The PES index calculation results (Table 3) show that elephant grass has a high index (0.72), while the king, dwarf elephant, guinea and setaria grass have their respective medium indices by 0.66, 0.69, 0.58, and 0.68, respectively, grouped based on Sinclair *et al.* (1995). It was attributed to the almost similar degradation of protein and organic matter in the forage. An almost balanced degradation

Table 2. The equation of the linear regression results in the degradation of protein and organic matter (OM) of various types of forages for 72 hours

Type of Forages	g protein degradation		Kg OM degradation	
	The equation	R <sup>2</sup>	The equation	R <sup>2</sup>
Elephant	y = 2.3336x + 99.867	0.9369	y = 0.0208x + 0.213	0.9369
King	y = 2.3553x + 179.78	0.9183	y = 0.0221x + 0.2975	0.9183
Dwarf elephant	y = 2.0951x + 119.61	0.9344	y = 0.0205x + 0.1351	0.9344
Guinea	y = 1.466x + 132.99	0.9186	y = 0.0129x + 0.1548	0.9186
Setaria	y = 1.8625x + 154.27	0.9297	y = 0.019x + 0.2893	0.9297

Note : g: gram; Kg: kilogram; OM: organic matter; y: degradation rate; R<sup>2</sup>: coefficient of determination; degradation observation was carried out for 72 hours with the observation time at 2nd, 4th, 6th, 8th, 12th, 24th, 48th, and 72nd hours; degradation is calculated by estimating digestibility in 5 kg of feed ingredients.

Table 3. The degradation rate of protein and organic matter (OM) and protein-energy synchronization index of various types of forage

Type of Forages	Degradation rate		PES index
	g protein/hour	Kg OM/hour	
Elephant	267.8862	1.7106	0.72
King	349.3616	1.8887	0.66
Dwarf elephant	270.4572	1.6111	0.69
Guinea	238.542	1.0836	0.58
Setaria	288.37	1.6573	0.68

Note: g: gram; Kg: kilogram; OM: organic matter; y: degradation rate; PES: protein-energy synchronization; degradation observation was carried out for 72 hours with the observation time at 2nd, 4th, 6th, 8th, 12th, 24th, 48th, and 72nd hours; degradation is calculated by estimating digestibility in 5 kg of feed ingredients; the PES index is calculated based on the equation of Hermon *et al.* (2008).

results in an almost simultaneous availability of ammonia and energy resulted in a high index. According to Waldi *et al.* (2017), fiber-source feed had a high index tendency, which allowed a high use of forages in the ration to increase the PES index figure to close to 1. Waldi *et al.* (2017) and Syamsi *et al.* (2017) reported that the use of grass increased with the PES index in the ration. In addition, the forage synchronization index was higher than the concentrate group, so the use of forages was a counterweight to the concentrate in the ration.

The study of the PES index is very important related to the preparation of dairy rations. There have been many research studies that proved the positive impacts of regulating rations with PES index. Syamsi *et al.* (2017) claimed that the preparation of rations with a PES index approaching 1 linearly increased microbial protein synthesis (MPS), while Syamsi *et al.* (2018) proved the existence of energy efficiency based on the production of volatile fatty acids in the ration based on the PES index. Yang *et al.* (2010) confirmed that protein-energy synchronization potentially increased livestock productivity. Therefore, PES index investment in various types of feed ingredients is necessary. The results of PES index calculation on five types of forages can be used as the starting point in the development of dairy cattle feeds based on PES index in Indonesia.

## Conclusions

The study concluded that elephant grass has a high level of PES index, while king, dwarf elephant, guinea, and setaria grass have a medium level for compiling dairy rations.

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